

## Breakfast

Served until 12 midday

### Morning Toast €1.95

Choice of: Brown soda bread, wholegrain or white bread. Served with homemade preserves

### French Toast €3.50

Served with maple syrup

### Eggs Benedict €6.95

Rustic loaf, Kelleher's bacon, with poached eggs and hollandaise sauce

Children's portion: €4.95

### Gourmet Breakfast Sandwich €4.50

Floury bap, Kelleher's bacon, local pork sausage & blue haven tomato relish

### Gourmet Sausage Sandwich €4.95

O'Connells pork, leek and stout sausage served in a floury bap with our homemade country relish

### The Full Irish €7.95

Locally sourced bacon, sausage, beans, eggs and pudding, served with toast

### Omelette €7.95

Choose from the following fillings:

Ham, mushroom, tomato and cheese.

Served with toast

### Scrambled Eggs €4.95

Served with grilled tomato and toast

### The Vegetarian €6.50

Eggs of your choice, baked beans, hash browns, mushrooms and tomato. Served with toast (V)

### Traditional Oatmeal Porridge €4.50

With seasonal berries (H)

### Pancakes €6.95

Choose from the following pancakes:

Plain, blueberry, raspberry & banana.

All served with maple syrup

Children's portion: €4.95

Why not add a side order of: Bacon (2) (€1.50), Sausage (2)(€1.50), Smoked Salmon (€3.00)

## Homemade Pastries

See Specials Board for Pastries

## Lunch Menu

12pm - 5pm

### Homemade Soup of the Day €4.95

Served with homemade brown bread (C)

### Blue Haven Award Winning Seafood Chowder Bowl €7.50

With homemade bread (C) Cup €4.95

(Produced daily by the Blue Haven Food Company & available in stores nationwide)



### Homemade Potato Fish Cakes €7.95

Served with green salad & garlic mayonnaise (H)

### Blue Haven Fish Pie €8.95

(Available to buy from The Blue Haven Food Company & stores nationwide. 5 Stars Irish Times Review)

The freshest fish & root vegetables cooked & bound in a creamy sauce topped with fluffy mashed potato served with a side salad & homemade brown bread (C) (V)

### Coronation Chicken Terrine €7.95

Served with garden salad house dressing & toasted sourdough (H)

### Jamie's Smoked Salmon €9.95

On potato farls with a caper, lemon & dill crème fraiche (C) (V) (H)

## The Sandwich Bar

### Café Club Sandwich €7.95

On ciabatta with chicken, bacon, tomato, lettuce & sweet-chilli mayo

### Honey Baked Ham Sandwich €6.95

Prime cut of Kelleher's honey roasted ham with mature carrigaline cheddar and blue haven relish on rustic loaf

### Caesar Salad Wrap €8.95

Served cold, with chicken, our own ceasar dressing, parmesan & local bacon

### Goats Cheese Bruschetta €7.95

Goats cheese, spanish chorizo, sun blushed tomatoes & homemade pesto warmed through and served with a garden salad

### Jamie's Smoked Salmon €8.95

Served on soda bread from our bakery with baby capers, lemon & dill crème fraiche (V)

## Salad Bar

### Mozzarella Salad €8.95

Beef tomato, sliced buffalo mozzarella, red onion relish, rocket pesto & sakuru greens (C) (V)

### Caesar salad €7.95

Crisp bacon, our own caesar dressing topped with parmesan & herb croutons (With Chicken €9.95)

### The Blue Haven Café Salad €7.95

Chicory, baby pear, blue cheese, walnuts & a mild dressing (C) (V)

Thank you for visiting The Blue Haven Café  
We hope to see you again soon