

Good Morning... Maidin Mhaith

MORNING TOAST (V) (GFA) €3.00

Choice of brown soda bread from our bakery, Cuthbert's white or brown toast or Gluten free served with Irish butter & preserves

HEALTHY OPTIONS

ORGANIC NATURAL YOGHURT (GF) (V) €3.50

Finished with mixed berry compote

TRADITIONAL ORGANIC IRISH OATMEAL PORRIDGE (H) (V) €5.50

Finished with mixed berry compote & Irish honey

BLUE HAVEN GRANOLA (H) (V) €6.00

Served with organic natural yoghurt and seasonal compote

FRENCH TOAST (V) €6.90

Toasted Brioche, coated in free range eggs & pan fried until golden, served with mixed berries & maple syrup **(Add bacon €2.50)**

BLUE HAVEN OPEN BREAKFAST SANDWICH €9.50

West Cork bacon, Clonakilty sausages, free range fried egg & tomato relish, Arbutus sourdough

EGGS BENEDICT (GFA) €9.50

West Cork bacon, free range eggs & hollandaise sauce, Arbutus sourdough

THE BLUE HAVEN GOURMET FULL IRISH BREAKFAST €11.90

Created with free range eggs, cured bacon, Clonakilty sausages & pudding from Ballinwillin House Farm, sautéed mushroom, potato hash browns, baked beans and roasted vine tomatoes. Served with Cuthbert's toast and Irish butter.



BLUE HAVEN MINI BREAKFAST €7.50

Choose 4 individual items from the Blue Haven Gourmet Full Irish Breakfast to create your own. Served with Cuthbert's toast

EGGS FLORENTINE €8.50

Toasted Arbutus sourdough, wilted baby spinach, poached free range Irish egg and hollandaise sauce.

(Add smoked salmon €3.00)

SMOKED BACON POTATO CAKE WITH DUCK EGG €9.50

Potato cake, served with Horizon Farm sautéed tender stem broccoli and topped with a free range duck egg

THE SHAKSHUKA (Munster Winner in Bord Bia's 'Eggs for Anytime') (GF) €9.50

Baked free range egg with spinach and chickpeas on top of Moroccan style spiced tomato chutney. Served with crusty sour dough bread **(Add chorizo - €2.00)**

BREAKFAST OMELETTE (GFA) €9.50

Made with free range eggs, with a choice of the 3 following fillings:

Kelleher's ham, sautéed mushrooms, tomatoes, Irish cheddar or onions, Served with Cuthbert's toast & Irish butter

SCRAMBLED EGGS (V) (GFA) €7.50

Free range eggs with roasted vine tomatoes. Served on Arbutus toasted sourdough

THE VEGETARIAN (V) (GFA) €9.90

Free range eggs, 2 hash browns, grilled tomatoes, roasted field mushrooms, baked beans & sautéed spinach. Served with Cuthbert's toast & Irish butter (Vegan option available with tofu)

OUR FAMOUS PANCAKES (V) (1-€5.50) (2- €6.90) (3-€7.90)

Choose from banana, seasonal berry or plain, finished with maple syrup

FRESHLY BAKED SCONES OR PLAIN CROISSANT (V) €3.00 *takeaway* €2.20

Choose from: Plain or fruit

With fresh Irish cream, Irish butter & strawberry jam

SIDE ORDERS €2.50 each

Cured bacon, Clonakilty sausages, roasted mushrooms, grilled tomatoes, smoked salmon, baked beans, potato hash browns, Ballinwilliam black pudding

(H) Healthy Option (V) Vegetarian (GF) Gluten Free (GFA) Gluten Free Options Available

Please be aware our kitchen contains Nuts, Gluten & Dairy. Please ask your server for our list of allergens.

Beverages & Coffees Deochanna & Caife

	REG	LGE		
AMERICANO	€2.90	€3.20	HOT CHOCOLATE	€3.50
CAPPUCCINO	€3.20	€3.40	EXTRA SHOT	€0.60
WHITE COFFEE	€3.20	€3.20	MONIN FLAVOURED SYRUPS	€0.60
CAFFE LATTE	€3.20		WEST CORK IRISH COFFEE	€7.50
MOCHA	€3.20		JAMESON IRISH COFFEE	€7.50
ESPRESSO	€2.80		CALYPSO COFFEE	€7.50
DOUBLE ESPRESSO	€2.90		BAILEYS COFFEE	€7.50
TEA	€2.50		FRENCH COFFEE	€7.50
HERBAL TEA	€3.20			

Take-away also available

Plant based milk available on request: Choose from: almond, soya, oat or coconut
Decaffeinated tea or coffee available



BLUE HAVEN
COLLECTION
KINSALE

Unique Properties, Unique Propositions



As part of our Ocean Rescue Campaign and Green initiative, we ask that customers minimise the use of takeaway cups where possible.

Follow us



THE BLUE HAVEN



51° 42' 22.717" N 8° 31' 22.258" W

BREAKFAST MENU

Unique Properties, Unique Propositions

www.bluehavencollection.com

021-4772209