

BREAKFAST MENU

Morning Toast (V) (GFA) €3.50

Choice of brown soda bread from our bakery, Cuthbert's white or brown toast or gluten free. Served with Irish butter & preserves

French Toast (V) €7.50

Toasted brioche, coated in free range eggs & pan fried until golden, served with mixed berries & maple syrup
(Add bacon €3.00)

Blue Haven Breakfast Burger €11.50

West Cork sausage burger, free range egg & hash brown, topped with tomato relish in a Cuthbert's breakfast bap

Eggs Benedict (GFA) €11.50

Marinated pulled ham hock, free range poached eggs, topped with hollandaise sauce or salsa verde

Breakfast Omelette (GFA) €10.50

Made with free range eggs, and a choice of three fillings, choose from: Kelleher's ham, sautéed mushrooms, tomatoes, Irish cheddar or onions.
Served with Cuthbert's toast & Irish butter

Scrambled Eggs (V)(GFA) €8.50

Free range eggs with roasted vine tomatoes.
Served on toasted sourdough

The Blue Haven Gourmet €12.90

Full Irish Breakfast

Created with free range eggs, Clonakilty cured bacon, Clonakilty sausages & pudding, sautéed mushrooms, potato hash browns, baked beans and roasted vine tomatoes.
Served with Cuthbert's toast and Irish butter

The Vegetarian (V)(GFA) €11.50

Free range eggs, 2 hash browns, grilled tomatoes, roasted field mushrooms, baked beans & sautéed spinach. Served with Cuthbert's toast & Irish butter
(Vegan option available with tofu)

Our Famous Pancakes (V) - 2 pieces €7.50

Choose from banana, seasonal berry or plain, finished with maple syrup

The Panedict €11.50

Homemade fluffy savoury pancakes, Clonakilty crispy bacon, free range fried eggs, topped with creamy hollandaise sauce

Braised Jackfruit on Toasted Sourdough (Vegan) €10.50

Braised jackfruit, toasted sourdough garnished with dukkah

BREAKFAST TROLLEY €3.50

Choose one of the following:

Freshly baked sweet & savoury scones and pastries

- Plain or fruit served with fresh Irish cream, Irish butter & strawberry jam.

- Cheese or cheese & ham served with Irish butter.

- Croissant, flapjack, breakfast bar or muffins

- Mini granola pots

HEALTHY OPTIONS

Organic Natural Yoghurt (GF)(V) €5.00

Finished with mixed berry compote

Fruit Bowl (GF)(V) €6.00

Served with yoghurt & honey

Traditional Organic Irish €6.00

Oatmeal Porridge (V)

Finished with mixed berry compote & honey

Blue Haven Granola (V) €6.00

Served with organic natural yoghurt & seasonal compote

SIDE ORDERS €3.00 each

Clonakilty cured bacon, Clonakilty sausages, roasted mushrooms, grilled tomatoes, Ummera smoked salmon, baked beans, potato hash browns, Clonakilty black pudding

(V) Vegetarian (GF) Gluten Free

(GFA) Gluten Free options available.

Please be aware our kitchen contains Nuts, Gluten & Dairy

Please make your server aware of any allergies

BEVERAGES & COFFEES

Fresh Squeezed Orange Juice €4.50

Apple Juice €3.00

Cranberry Juice €3.00

Americano €3.10 €3.50

Cappuccino €3.40 €3.80

White Coffee €3.40 €3.80

Latte €3.40 €3.80

Mocha €4.10

Espresso €3.00

Double Espresso €3.30

Tea €2.70

Herbal Tea €3.40

Hot Chocolate €4.20

Extra Shot of Coffee €0.80

Monin Flavoured Syrups €0.80

Plant based milk available on request:

Choose from: almond, soya, oat or coconut

Decaffeinated tea or coffee available

THE
BLUE HAVEN



51° 42' 22.717" N 8° 31' 22.258" W

